

Support for Carers Program

JANUARY

FEBRUARY

MARCH



Dromana Beach & Lookout

22/01/2025

9:30AM – 3:00PM

Enjoy the scenic drive to Dromana and have coffee on us!

Meet at SMRC & bring lunch
Contribution: \$15.00



A walk around Emerald Lake

26/02/2025

9:30AM – 3:00PM

Take a walk around the beautiful Emerald Gardens and enjoy a coffee on us!

Meet at SMRC & bring lunch
Contribution: \$15.00



Exploring The Hive at Braeside Park

25/03/2025

10:00AM – 2:00PM

Discover our community Garden at The Hive and have a coffee on us & bring lunch!

Meet at SMRC or Braeside Park
No contribution



Workshop on Self-Care

14/01/2025

10:00AM – 12:00PM

Learn how to look after yourself and manage the challenges of being a carer

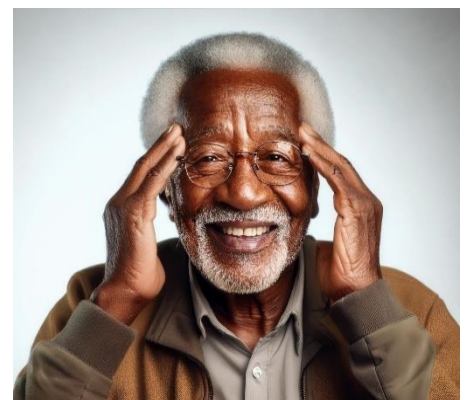


Services Australia (Centrelink) Workshop

11/02/2025

10:00AM – 12:00PM

Discover what types of assistance you might be eligible for



Understanding Dementia Workshop

11/03/2025

10:00AM – 12:00PM

This workshop will be delivered by a trained expert from Dementia Australia

If you need someone to look after your loved one while you attend these workshops or outings, please contact one of our staff: [Nazira](#) - 0478 849 240, [Lara](#) – 0408 015 282, [Sharon](#) - 0432 101 415, [Violet](#) - 0438 443 425