

Dance Up! Australia

Bollywood



Want to know more or register your interest to join our classes? Contact Angela on 0407 548 372 or angelan@smrc.org.au

Southern Migrant & Refugee Centre,
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Dance Up! Australia provides a wonderful opportunity to join in learning cultural dances, meet new friends and enjoy the benefits of movement and dance.

Dance Up! Australia is conducted in 10 week terms to learn a new cultural dance.

The dance classes compliment the positive mental health of participants through regular involvement in dance for the purpose of keeping socially active, fit & healthy.

Term 5: BOLLYWOOD AT BRIDGEWOOD

Dates: 20th April 2021 - 22nd June 2021

Time: Weekly, Tuesday from 11:00 a.m. - 12.00 p.m., for 10 weeks.

Location: Bridgewood 'Our Place' Primary School, 115 Bridge Road, Officer VIC 3809.

Dance Style: Bollywood

Cost: FREE (limited to 30 people)

Limited Transport assistance available.

Who: Dance Up! Australia is open to all ages, all abilities, all migrant cultures.

Go to <https://smrc.org.au/dance-up-australia/>



SMRC wish to acknowledge the support of Department of Health - Driving Social Inclusion through Sport and Physical Activity.



— Explore the world of dance —