

Dance Up! Australia

Filipino



Want to know more or register your interest to join our classes? Contact Angela on 0407 548 372 or angelan@smrc.org.au

Southern Migrant & Refugee Centre,
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Dance Up! Australia provides a wonderful opportunity to join in learning cultural dances, meet new friends and enjoy the benefits of movement and dance.

Dance Up! Australia is conducted in 10 week terms to learn a new cultural dance.

The dance classes compliment the positive mental health of participants through regular involvement in dance for the purpose of keeping socially active, fit & healthy.

Term 4: FILIPINO

Dates: 7th April to 9th June 2021

Time: Weekly, Wednesday from 10.30 a.m. – 12.00 p.m.

Location: Hallam Recreation Reserve Hall,
118-126 Frawley Rd, Hallam, 3803.

Dance Style: Filipino

Cost: FREE

Limited Transport assistance available.

Who: Dance Up! Australia is open to all ages, all abilities, all migrant cultures

Go to <https://smrc.org.au/dance-up-australia/>



SMRC wish to acknowledge the support of Department of Health - Driving Social Inclusion through Sport and Physical Activity.



— Explore the world of dance —