

Allied Health Service - Podiatry



ALLIED HEALTH SERVICES. PODIATRY AT SMRC

Ensuring optimal foot health, to maintain independence & quality of life.

**For further information contact:
Southern Migrant & Refugee Centre,
39 Clow St, Dandenong VIC 3175**



**(03) 9767 1900
alliedhealth@smrc.org.au
www.smrc.org.au**

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WHAT IS PODIATRY?

Podiatry is the study of the foot and lower limb, and focuses on ensuring optimal foot health - thereby maintaining independence & quality of life.

Podiatrists aim is to maintain mobility of all clients: adults, children, elderly, those living with a disability. This is achieved through gait analysis, musculoskeletal assessment, footwear advice, modifications, orthoses, and prescribing walking aides.

Our feet are precious. They allow us to do all the things we love in life, including walking and playing - so lets look after them, together.

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DO YOU EXPERIENCE ANY OF THE FOLLOWING?

- Live with Diabetes or Arthritis
- Renal impairment
- Delayed hearing
- Pain in heels or arches
- Painful toes or calves
- Feel unsteady when walking
- Corns or bunions
- Numbness, tingling or burning in feet
- Dry, flaky skin to lower limb
- Difficulty seeing or reaching your feet
- Poor circulation or cold feet

Good foot health is achieved through ongoing monitoring and management.

NEED PODIATRY CONSULTATION?

Visit your GP to discuss the need for Podiatry & arrange a Chronic Disease management (CDM) plan - 5 free visits.

OR

Book Podiatry privately

Initial appointment \$70

Follow-up appointment \$60

Book your appointment today

Call SMRC Reception on (03) 9767 1900 & ASK FOR Podiatry appointment at SMRC.

We look forward to seeing you soon, Dinealle & SMRC Allied Health Team.